



February 28 – Weapons to the Max

5:30 PM - 6:00 PM – Check-In

- Location: ATA Headquarters

6:00 PM - 8:30 PM – Weapons Training

- Enhance basic techniques and master weapon tricks.
- Perfect advanced weapon combos.
- Break down Creative & Xtreme weapon techniques.
- Apply the "Winning Formula" to improve performance and precision.

8:30 PM - 9:00 PM – Battle Royale

- An exciting weapon-based showdown to test skills and creativity.

March 1 – Tricking to the Max

9:00 AM - 12:00 PM – Tricking Gym Session

- Training for all levels, including flips, spins, and advanced tricks.
- Hands-on coaching to refine and elevate participants' skills.

11:30 AM - 12:00 PM – Battle Royale

- Tricking face-offs to demonstrate progress and creativity.

1:00 PM - 4:00 PM – Forms to the Max

- Breaking down forms by sections.
- Applying the "Winning Formula" to Creative & Xtreme forms.
- Emphasis on refining hand techniques and advanced creative hand combos.

4:00 PM - 4:30 PM – Battle Royale

- Forms showdown, putting new techniques and combos to the test.

6:00 PM – Night Show

- Demonstrations, special performances, and highlights from the day's best.
- Team Sync and Team Demo competition.

March 2 – Kicks to the Max

9:00 AM - 12:00 PM – Kicking Combos & Variations

- Master advanced kicking combos and unique variations.
- Develop creative kicking combinations.

9:00 AM - 12:00 PM – Team Formation & MAX Pro Tryouts

- Bringing together all skills learned over the weekend to create a dynamic demo team.
- Identifying future MAX Pros who showcase exceptional potential.