

2024 ATA MAX Gathering

Friday, May 3rd | ATA Headquarters Training Facility – 1800 Riverfront Drive, Little Rock, AR 72202

- 4:00-5:30pm- Check in
- 6:00-7:30pm- Creative Kicking and Creative Hands
- 7:30pm-9:00pm- Jam Session & Trick Games

Saturday, May 4th | ATA Headquarters Training Facility & Impact Gymnastics Sports Academy

- 9:00-9:30am- Warm up (Meet at Gym – 5900 Wadley Rd. Sherwood, AR 72120) *Transportation will be organized Friday*
- 9:30-11:00am- Gym (Flip & Twist)
- 11:00-12:30pm- Jam Session
- Lunch – Back to ATA Headquarters. Lunch is provided
- 2:00-3:30pm- Weapons (Sword, Kama, Bo, Chux)
- 3:30-5:00pm- Weapon Jam Session
- 5:00-6:00pm- Break
- 6:00-7:30pm- Night show (includes Team Demo & Team Sync Competition)
- 7:30-8:30pm- After party

Sunday, May 5th | ATA Headquarters Training Facility – 1800 Riverfront Drive, Little Rock, AR 72202

- 8:00-8:30am Warm Up
- 8:30-10:00am- Rep your Form
- 10:00-10:30am- Goodbye Session
- 11:30-12:00pm- Closing Remarks

